

### **AMENDMENTS TO THE CLAIMS**

The listing of claims below replaces all prior versions of claims in the application.

1. (Currently Amended): A method for producing bubbles by the injection and dispersion of a gas through a porous body into a liquid,

wherein the porous body has a value of 1 to 1.5,

wherein the value is given by dividing the pore diameter that accounts for 10% of the total pore volume in the relative cumulative pore distribution curve of the porous body by the pore diameter that accounts for 90% of the total pore volume in the relative cumulative pore diameter distribution curve of the porous body,

wherein the contact angle with respect to the liquid of at least the surface of the porous body that is in contact with the liquid is greater than 0° and less than 90°,

wherein the gas is pressurized so that (1) the pressure is not less than the minimum pressure  $\Delta P_c$  given by the following equation:

$$\Delta P_c = 4 \gamma \cos \theta / D_m$$

wherein  $\gamma$  is the surface tension of the liquid relative to the gas,  $\theta$  is the angle of contact relative to air of the liquid present at the surface of the porous body, and  $D_m$  is the average pore diameter of the porous body, and (2) the pressure difference  $\Delta P$  between the pressure of the gas when the gas is pressured and the pressure of the liquid is controlled to 0.2 to 10 MPa.

2. (Cancelled).

3. (Original): The method according to claim 1, wherein porous glass is used as the porous body.

4. (Original): The method according to claim 1, wherein the liquid contains at least one additive selected from the group consisting of emulsifying agents, emulsion stabilizers, foaming agents, and alcohols.

5. (Currently Amended): Bubbles having the average bubble diameter of 400nm to 900nm obtained by the method according to claim 1.

6. (Original): The bubbles according to claim 5, wherein, in the integrated volume distribution of the bubbles,

1) the diameter at which the bubble volume accounts for 10% of the total bubble volume is at least 0.5-times the diameter at which the bubble volume accounts for 50% of the total bubble volume, and

2) the diameter at which the bubble volume accounts for 90% of the total bubble volume is no more than 1.5-times the diameter at which the bubble volume accounts for 50% of the total bubble volume.